

1 to ringing, weekly

- Monday: to/from St Giles, 2.5 miles each way, from Jan 98 – Sept 2000
- Sunday: to/from St Giles, Jan 98 – Sept 2000 2.5 miles each way (not entirely accurate - sometimes stopped at cathedral or went over to washingborough)
- Wednesday: to/from Washingborough, Jan 99 – Sept 2000, 4 miles each way (dependent on route: further in the dark when I take the long way around)

Above obviously excludes holidays, illness, etc.

2 Incidental

Number of visits to nettleham (4 miles), branston (5 miles). A few other towers on odd occasions(eg March 99, derbyshire, st peter at gowt, metherringham, blankney etc), visits to above towers on eg sunday evening, and random cycle rides (which I don't remember much about), cycling out for ranger things, etc.

3 Summer 1999

- Aug 5–Aug 10, cycling/camping in hexham area (stayed at two campsites and cycled around local area, approx distances 10–20 miles/day)
- Sep 3–Sep 12, cycling/camping in scotland (From Largs near Glasgow via Mull to inverness, 20–50 miles/day)